

What is Comprehensive Clinic?

Comprehensive clinic (comp clinic) is an important part of your bleeding disorder care. It is a special “well” clinic visit similar to a yearly physical. This visit includes a team of experts to talk about your bleeding disorder and how it affects your life. You will have a comp clinic visit every 1-5 years depending on your health and diagnosis.

What is the cost of this visit?

Your comprehensive clinic visit at the IHTC is free. See below table to see which services are free, and which services might have a fee.

Comprehensive (Comp) Visit: Fee Reminders

Service	Free Service	Service Might Have a Fee
Comp Visit: Provider	X	
Comp Visit: Nursing	X	
Comp Visit: Dental	X	
Comp Visit: Dietician	X	
Comp Visit: Physical Therapy	X	
Comp Visit: Genetics	X	There might be a fee if you need tests
Comp Visit: Career Counseling	X	
Comp Visit: Social Work	X	
Comp Visit: Pharmacy	X	
Comp Visit: Research	X	There might be a fee if you need tests
Vaccinations		X
Labs		X
Images		X

Please bring:

- Insurance cards (primary and secondary)
- List of all your medications (name, dose and schedule)
- Infusion logs
- Clothes (like shorts and a short sleeve shirt) that will let the physical therapist evaluate your joints and muscles
- All other health records you would like to share

Who will I see during this visit and what should I expect?

- Comp clinic can last about 3 hours. Bring a book, magazine or toy in case of delays between care providers
- You will receive follow-up information after the visit to discuss your treatment plan
- A detailed note about your visit will be mailed to you and your primary provider

You will be seen by many different members of the IHTC team. Turn the page to read about each of these providers.



IHTC Multidisciplinary Team

Hematology MD and/or Advanced Practice Provider (APP)

- Completes physical exam
- Discusses recent health issues including bleeding
- Prescribes medications to treat your bleeding disorder

Comprehensive Clinic Nurse/Risk Reduction Nurse*

- Reviews bleeding history
- Provides bleeding disorder education
- Discusses tools needed for your bleeding disorder
 - Travel letter that explains your specific bleeding disorder and treatment
 - Medical identification bracelet/necklace
- Training on how to give medications/factor at home
- Provides education on certain diseases that you might be at risk of getting (HIV, Hepatitis B and C)
- Answers questions about needed vaccines

Clinical Research Coordinator*

- Reviews your medical history in comparison to available research studies at IHTC
- Alerts you to any studies you may be eligible to participate in and determines your interest in learning more

Physical Therapist (PT)

- Monitors and helps manage joint and muscle health problems
- Gives personalized exercise plans to keep joints healthy
- Provides advice if having trouble doing desired activities because of your bleeding disorder
- Discusses home safety issues

Social Worker*

- Helps identify and manage barriers to care
- Provides emotional and mental health support
- Connects you with community resources

Career Counselor*

- Talks to your school or learning center about health needs
- Gives information about scholarships and helps with applications
- Can help patients set and achieve career and/or life goals
- Provides employment advice

Genetic Counselor*

- Provides education about how your bleeding disorder is inherited and the risk for passing on your bleeding disorder to your children
- Helps decide if genetic testing is needed
- Explains the results of genetic tests

Child Life Specialist*

- Helps children to feel less anxious at the doctor's office
- Provides tips to make children's procedures, such as blood draws, less stressful
- Helps with explaining medical terms in a way that is easy for children to understand

Insurance Coordinator*

- Discusses the cost treatment, including medicine and factor, and the importance of insurance coverage
- Helps sign up for and keep medical insurance coverage
- Answers questions about insurance policies

Pharmacy Representative*

- Helps create a plan to keep medications in order
- Helps create an infusion log plan
- Makes sure you have the medications and supplies needed

Dental Hygienist*

- Talks about taking care of your teeth to avoid bleeding issues
- Helps find a dentist if needed
- Educates dentists on bleeding disorders
- Works with you and your dentist if dental work is needed to avoid bleeding issues

Registered Dietitian*

- Helps decide on the best foods to eat to help you feel your best
- Reviews healthy weight and potential heart risks

Transition Nurse Practitioner*

- Teaches teens about their bleeding disorder
- Helps parents with tips to help teen learn how to treat bleeding disorder
- Helps prepare teens to manage their bleeding disorder on their own

***Certain team member visits may be virtual.**

*Thank you for coming to comprehensive clinic.
If you need to cancel, please call 1-877-256-8837.*